

"Lord, I pray for [Name of person], that they may be aware of their hurtful behavior. Open their eyes to the pain they are causing and inspire them to seek healing and transformation. Guide them to a place of understanding and compassion, allowing them to see the root of their toxic actions. Help them to find peace and forgiveness within themselves. May they experience Your love and mercy, and be able to show it to others. Grant me the strength and wisdom to navigate this relationship, to protect myself from harm, and to find grace in difficult times. In Your name, I pray. Amen."

"Lord, I pray for myself that I may be aware of my hurtful behavior. Open my eyes to the pain I am causing and inspire me to seek healing and transformation. Guide me to a place of understanding and compassion, allowing me to see the root of my toxic actions. Help me to find peace and forgiveness within myself. May I experience Your love and mercy, and be able to show it to others. Grant me the strength and wisdom to navigate this relationship, to protect myself from harm, and to find grace in difficult times. In Your name, I pray. Amen."